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“What is Sleep? Overview of Normal Sleep Physiology and Behavior”

As a result of this presentation, participants will be able:
1. Understand the basic physiology of the sleep-wake system.
2. Understand the behavioral and physiological definitions of sleep.
3. Understand some of the hypothesized functions of sleep from an evolutionary perspective.

Thursday, August 29, 2019 at 9:00 AM

Behavioral Health Pavilion (South Campus)
3rd floor, Rm P3012 (enter through P3011)
2800 E Ajo Way, Tucson, AZ 85714

All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more information or to join the mailing list:
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